



BUDDHA PRACTICE STUDY

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Buddha Teachings for 21st Century Minds

Achi Chokyi Drolma

Empowerment, Teaching, and Practice



Introduction to Deity Yoga. Achi Chokyi Drolma is an enlightened being, an emanation of Vajrayogini. Achi was born in the Drikung area of Tibet and was the grandmother of Drikungpa Jigten Sumgön. Achi manifests in many different forms according to what is necessary to benefit sentient beings and further the Dharma teachings. She removes obstacles and brings clarity to the mind. Achi is the principal Dharma Protector of the Drikung Kagyu school of Tibetan Buddhism.

Bestowed by

Acharya Yogi Lama Gursam

Founder of the Bodhicitta Foundation

August 1, 2, and 3, 2025

Friday 2 to 5 PM and 7 to 9 PM EDT

Saturday & Sunday 10 AM to 5 PM EDT

In-person and ZOOM

Meeting ID: 868 3779 9232 Passcode: Dharma2day



Register: buddhapracticestudy@gmail.com or call: 443.794.5560

Requested Offering \$30/day. Zelle, Venmo, & PayPal acct: lance302@msn.com

No one turned away for lack of funds

Location:

Lance David & Paula Bergerson Residence

302 Sophia Court

Pikesville MD 21208

**Dutch treat Chinese lunch
or BYO**



Buddha Practice Study holds meetings several times each week on Zoom. These meetings offer teachings, discussions, study, and practice of Buddhism. Our senior lay-instructors, with more than 60 years experience in the Dharma, have been trained and practice in the Tibetan Drikung Kagyu lineage together with teachings from Karma Kagyu and Nyingma masters.

Join us learn about different types of meditation and get answers to your questions about the Buddhist path for a peaceful and serene life.



Lama Gursam with HE Garchen Rinpoche

Acarya Yogi Lama Gursam joined the monastery at a very young age where he received teachings, studied, and practiced. He later attended the Tibetan University in Sarnath, Varanasi, India and received both a bachelor's and master's degree in Buddhist philosophy, history, and languages. Upon graduation Lama received a special award for scholastic achievement from His Holiness, the 14th Dalai Lama. After university Lama Gursam was requested to assist His Holiness Drikung Kyabgon Chetsang Rinpoche in Jangchubling Monastery in Dehra Dun, India. He later completed the traditional three year retreat.

Each year, Lama Gursam spends six months in India to receive teachings and engage in meditation retreat. During the remaining six months, he travels to many Dharma centers in the West bringing his practical application teachings of the Dharma for everyday contemporary life.



Lama Gursam at Milarepa Meditation Cave in Lapchi, Nepal