



BUDDHA PRACTICE STUDY

www.buddhapracticestudy.com

Ramabhar Impermanence Stupa in Kushinagar, India
commemorates the cremation location of Buddha Shakyamuni

BUDDHISM 101 for 21st CENTURY MINDS

JEWEL ORNAMENT OF LIBERATION Book Discussion

Thursdays at 7 PM eastern time
Begins January 8, 2026



Topics

Motivational and Dedication Prayers

Aspirational Prayers

Four Thoughts That Turn The Mind To The Dharma

The Five Poisons That Manifest the Afflictive Emotions

The Five Antidotes to the Five Poisons

Love, Compassion, and Bodhicitta, The Holy Enlightened Mind

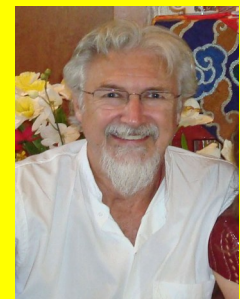
The Six Human Realms

Karma, Cause and Result

The Four Noble Truths

The Three Vehicles of Buddhist Traditions

Q&A is always welcomed



Senior Lay Instructor
Konchok Pemadorjee
Lance David
Bergerson

All sessions on ZOOM
Meeting ID: 868 3779 9232
Passcode: Dharma2day

Registration: buddhapracticestudy@gmail.com

Offerings gratefully accepted, see website for details

No one turned away for lack of funds

Senior Lay Instruction by Lance Pemadorjee 443.794.5560

Everyone is Invited!

Beginners

Advanced Practitioners

All Religions

Drop-ins OK